



JULY 3, 2018

MEET IN THE MIDDLE

Teen Life Skills/Psychoeducational Group for Dealing with a Mean World

Middle School can be a time full of changes and new stressors. This summer group is aimed at helping teens and tweens learn coping and life skills to make this time a little easier. Topics will include Friendships, Relationships and Boundaries, Family Life and Parents, Self-Esteem, Safety and Social Media, and FAQ sessions. We will have some fun in the meantime, too!

For registration or questions, please call Ashley Akers at 469-283-0343 or email ashley@counselingplace.org

SUMMER PROGRAM

6 Week Program,
Beginning July 3rd –
August 7th

Groups will meet on
Tuesdays from
9:00 AM -12:00 PM

For Teens and
Tweens in Middle
School

Groups will be led by
Licensed
Professionals

Cost: \$100 includes
all 6 weeks and
activities

THE COUNSELING PLACE
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